

JBCS NEWSLETTER

February 2025

Upcoming Dates to Note

Thursday, February 13th

Red & White Day! Wear your red and white to celebrate Valentines Day

Friday, February 14th

Will be a pro-d day, no school.

Monday, February 17th

is Family Day, a B.C. Provincial Holiday. Schools are CLOSED.

Monday, February 24th

Celebration of Learning assembly at 1:45 p.m. Families are welcome.

Wednesday, February 26th

is PINK SHIRT DAY!

Throughout the year, and on Pink Shirt Day we raise awareness of the importance of Kindness and Respect. Students and Staff are encouraged to wear a Pink Shirt on Wednesday February 26th.

Let's celebrate KINDNESS together !

PAC's Family Event

Our **Math Mania** family event now has a new date. It will take place on the evening of Tuesday, March 4th from 6:30-9:00 p.m. Please join us!

Our next event will be "Cultural Kaleidoscope", and it will be held on May 2nd from 6:00-7:30 p.m. More details to follow.

Cold & Wet Weather

A reminder that the cold and wet weather is here! Please send your child with weather appropriate clothing.

It is also a good idea to send your child with an extra set of clothes in their bag.

Attendance Line

Please remember to report your child(ren)'s absence.

Email: jamesbay@sd61.bc.ca

Phone: 250-383-7152

Lost and Found

We have a very full lost and found!

Please come in and have a look at the lost and found, located at the front entrance of the building. If the items haven't been claimed, they will be sent for donation.

Free for Parents!

COME & LEARN WITH US!



FamilySmart Online Event for Parents and Caregivers

Date: Wednesday, February 12, 2025

Time: 6:30pm - 8:00pm Pacific Time

Location: On Zoom (online)

Cost: Free

Register at: familysmart.ca/events

With gratitude, FamilySmart would like to acknowledge the generosity of the Ministry of Children and Family Development for sponsoring this event.

Deepening our Understanding of Emotion Regulation — Supporting our Young People with their Big Emotions.

Have you ever found yourself looking at your child's emotional outburst and thinking, "What the heck is happening?" or "What on earth are they so upset about — it's not that big a deal?" If so, you are certainly not alone!

Join FamilySmart and Nicole Allen live online for an evening filled with information about what can lead to big emotions and some concrete strategies for responding skillfully to those situations.

Nicole Allen is a Registered Clinical Counsellor, mom, wife and dog lover who, over the past decade, has worked with young people and their caregivers to build relationships and emotion regulation strategies especially in times of mental health crisis. Nicole has private practices in Abbotsford and Fort Langley.



Dr. Allison Rees

Presents an Eight Week Parenting Course



Sidestepping the Power Struggle

- Learn to work with your child's unique temperament
 - Discover effective parenting strategies
- Develop effective communication skills that create harmony

Based on research, taught by a seasoned educator and therapist, this course will satisfy parents with kids of all ages. Attend in person (location to be announced) or on Zoom.

Eight Tuesday Evenings in Two Parts: Part One: Feb. 18th to March 11th

Part Two: April 1st to April 22nd From 7:00 to 8:30

Go to lifeseminars.com to register





1000x5

1000 Books by Age Five Children's Book Recycling Project Greater Victoria



Give more children the opportunity to love books

Before spring break, take a look around and send in a few books for babies and preschoolers to the pink bin in your school. Babies and preschoolers who are read to develop more vocabulary, greater imagination and an early understanding of how books work. Thanks for helping send 352,000 books into new hands.



School Meals

Our School Meal Program is up and running. We will be sending out new forms monthly, but you can sign up anytime! See the office for forms. Please still send a morning snack. The program is accessible to all our families. If your family needs financial assistance, please contact Tracey at 250-384-7184.

Backpack Buddies

We are working with Backpack Buddies again this year to provide a bag of food over the weekend to families in need. If you could use assistance and are interested in this free program, please contact Tracey at 250-384-7184

