

# JBCS NEWSLETTER

JANUARY 2025

HAPPY NEW YEAR!

## Upcoming Dates of Note:

Week of **Jan 20th – 23th** is Literacy Week

Tuesday **Jan 21st** is our **Family Read-In**. Come and read with your student from 8:45–9:15 a.m.

Thursday, **January 23rd**  
Family Literacy Day! Come to school **dressed** as your favourite book character!

Friday, **January 24th**  
**Pro-D day**. The school is closed. See you back on Monday January 27th!

Monday, **January 27th**  
Celebration of Learning **assembly** at 1:45 p.m.

Week of **Jan 27th – 30th**  
**Kindergarten registration** week. All of the information you need to prepare can be found online!

## Please Report Absences

Phone: (250) 383-7152

Email: jamesbay@sd61.bc.ca

## Sidestepping the Power Struggle

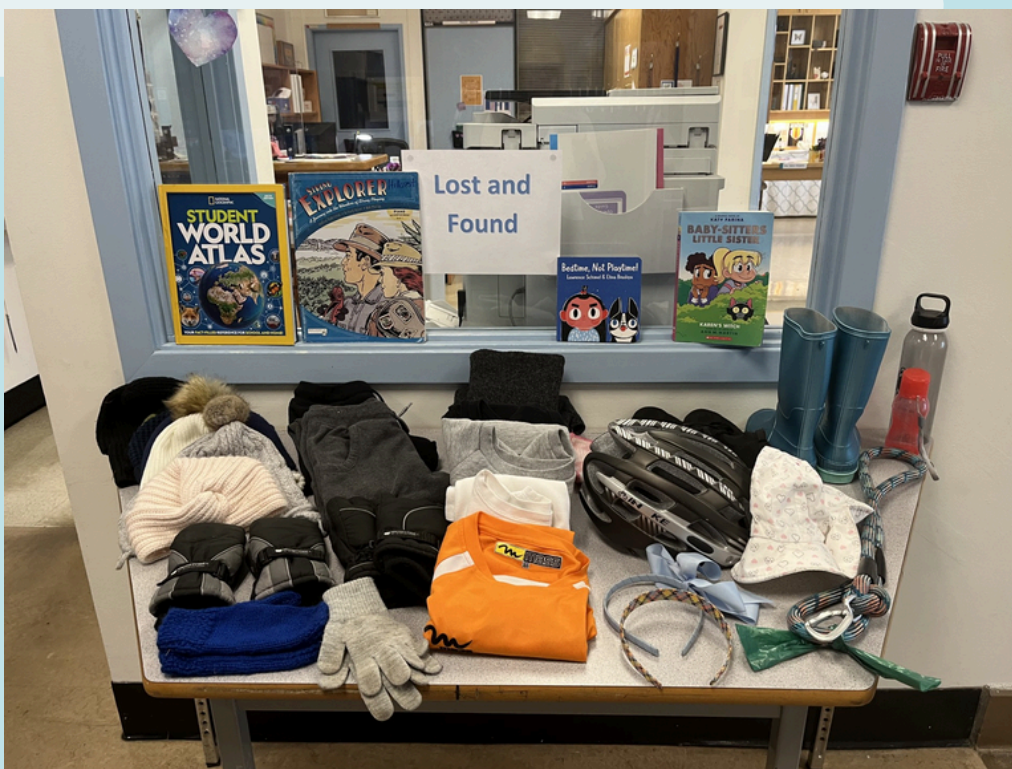
### Parent Education

Dr. Allison Rees is an experienced clinician who has been teaching LIFE Seminars courses, counselling families, and training other professionals here in Victoria for the past 30+ years.

She will be offering an upcoming parenting course, "Sidestepping the Power Struggle", for parents of children of all ages. It runs for eight Tuesday evenings from Feb 18 to Apr 22. Please see poster on page 3 for registration and location.

## Lost and Found

We have an overflowing Lost and Found! Everything has been organized so its easy to spot, please take a look at what it contains. The Lost and Found is located in the front entrance of the school!





Dr. Allison Rees

Presents an Eight Week Parenting Course



## Sidestepping the Power Struggle

- Learn to work with your child's unique temperament
  - Discover effective parenting strategies
- Develop effective communication skills that create harmony

Based on research, taught by a seasoned educator and therapist, this course will satisfy parents with kids of all ages. Attend in person (location to be announced) or on Zoom.

Eight Tuesday Evenings in Two Parts: Part One: Feb. 18<sup>th</sup> to March 11<sup>th</sup>

Part Two: April 1<sup>st</sup> to April 22<sup>nd</sup> From 7:00 to 8:30

Go to [lifeseminars.com](https://lifeseminars.com) to register





## School Lunches

Our School Meal Program is up and running. We will be sending out new forms monthly, but you can sign up anytime! See the office for forms. Please still send a morning snack. The program is accessible to all our families. If your family needs financial assistance, please contact Tracey at 250-384-7184.

LUNCH

## Backpack Buddies

We are working with Backpack Buddies again this year to provide a bag of food over the weekend to families in need. If you could use assistance and are interested in this free program, please contact Tracey at 250-384-7184

## 1000 X5

Join the hundreds of families who have taken the three book challenge. As we head into the holiday season, many families appreciate a bit of help with gifts. And what can be a better gift than a bag of 3 books for babies and toddlers? Every month 1000X5 pops 2400 books in 800 gift bags. Drop your books for babies and preschoolers off in the red bin in the hallway in front of Strong Start!

