

James Bay Community School

140 Oswego Street
Victoria, BC
V8V 2B1

Tel. 250.384.7184
Fax 250.383.7152
www.jamesbayschool.ca

BI-WEEKLY MEMO

The Greater Victoria School District wishes to recognize the Songhees & Esquimalt Nations on whose traditional territories we live and do our work.

Dear Families,

We recognize that times have been difficult financially for many families lately, and we want to help. The school has access to supports available to assist and hopefully alleviate some stress around this. Please do let us know if your family would benefit from extra resources right now – be it daily lunches, extra food for home, or winter clothing for kids. You can confidentially email Tracey Gibson at tgibson@sd61.bc.ca, or Ms. Margetts at mmargetts@sd61.bc.ca.



Save the date!

Our Winter Concert is approaching fast, we are excited to announce that there will be two performances.

Thursday, December 15th at 1:00 pm

Thursday, December 15th at 6:00 pm (Students are to be in their classrooms for 5:45 pm)

We are not giving out tickets to this event, we are hoping families who are able to make the 1:00 pm performance will

do so, leaving space for the families who work during the day to come to the 6:00 pm performance.

We can't wait to see you there!



Dogs on leash, please: "There are many parks and beaches throughout Greater Victoria where you can run your dog off leash."

"Public school grounds are NOT Leash Optional Areas at any time."

Please keep dogs on a leash and be mindful of your pet's behaviors while on school grounds.

For more information about off-leash parks, visit:

www.vacs.ca/leash-optional-areas

Outside Supervision:

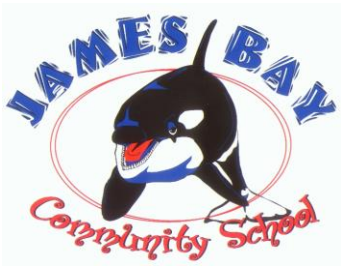
Supervision outside after school is until 2:52 pm.

All parents/guardians are expected to pick up their child/ren at 2:37pm or before 2:52pm.

Earthquake Container: Please keep off!

There is an earthquake container behind the school by the trees. This is not to be climbed on at any time. Thank you for your cooperation!

Clothes Needed: We are looking for gently used clothes for children aged 5-10. Items can be dropped at the office. Thank you!



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Dear Families of James Bay Community School,

We have exciting news!

Our students and staff have been invited to attend the Naden Band Concert at the Royal Theatre on Tuesday, December 6th at 12:15pm. We are very excited and plan to attend this event as a whole school.

Students and staff will be transported on buses to this event. We will return to the school by 1:45pm.

Please return the form (pdf below) to your child's teacher by Monday December 5th if you wish for your child to **not** attend this school wide event.

Thank you.

Marla Margetts

Principal



Naden Band.pdf

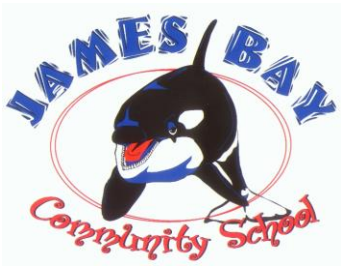


We made the local news!!

Please watch the link below!

Sawatsky Sign-off: Kindness Bench (CTV News, Nov. 25, 2022)

<https://vancouverisland.ctvnews.ca/video?clipId=2571116>



BI-WEEKLY MEMO

What to do when sick – please reference the chart below. We’ve included a PDF copy for printing.



What to do when
sick chart.pdf

COVID Update

Summary - What to Do When Sick:

If you have symptoms of illness, stay home.
Most people don't need testing for COVID-19. Use BCCDC [Self-Assessment Tool](#), or connect with 8-1-1 or your health care provider to find out if a COVID-19 test is recommended.

Symptoms of COVID-19 include:

• Fever (above 38°C) or chills	• Difficulty breathing	• Extreme fatigue or tiredness	• Nausea or vomiting
• Cough	• Sore throat	• Headache	• Diarrhea
• Loss of sense of smell or taste	• Loss of appetite	• Body aches	
	• Runny nose		
	• Sneezing		

Go to an emergency department or call 9-1-1 if you:

- Find it hard to breathe
- Have chest pain
- Can't drink anything
- Feel very sick
- Feel confused

If you have MILD SYMPTOMS (or have tested negative) STAY HOME.
For most people, testing is not recommended.
Mild symptoms can be **managed at home**.

Return to School/Work
Stay home until you feel well enough to return to your regular activities.

If you TEST POSITIVE: SELF ISOLATE

1. Complete an online form to report your test result
2. Manage your own symptoms
3. Let your household contacts know

If you are fully vaccinated OR less than 18 years of age
You can end isolation and return to school/work when all conditions are met:

1. At least 5 days have passed since your symptoms started, or from test date if you did not have symptoms.
2. Fever has resolved without the use of fever-reducing medication, such as acetaminophen or ibuprofen.
3. Symptoms have improved

You should avoid non-essential visits to higher risk settings such as long-term care facilities and gatherings for another 5 days after ending isolation.

If you are 18 years of age or older AND NOT fully vaccinated
You can end isolation and return to school/work when all conditions are met:

1. At least 10 days have passed since your symptoms started, or from test date if you did not have symptoms.
2. Fever has resolved without the use of fever-reducing medication, such as acetaminophen or ibuprofen.
3. Symptoms have improved.

If you still have symptoms
Continue to isolate longer if you still have a fever or are not feeling better. If you are unsure or concerned connect with your health care provider or call 8-1-1.

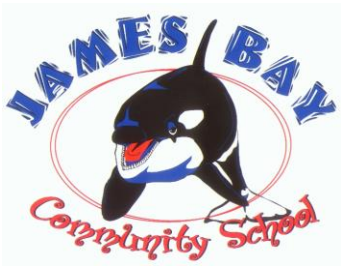
What to do if someone is sick in your household:
You can continue to attend school if someone in your household is sick and/or self-isolating as long as you do not have any symptoms of illness and feel well. This includes if they have tested positive for COVID-19. Ensure you closely monitor yourself (or your child) for symptoms of illness and stay home if you feel unwell. The best way to protect yourself and your family from COVID-19 is to get vaccinated. Vaccines are available for anyone ages 5 and up. Register now at: [Getvaccinated.gov.bc.ca](#)

One Learning Community

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[www.sd61.bc.ca](#)

Greater VICTORIA School District



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BI-WEEKLY MEMO



Attendance

We are working hard to streamline our systems for your convenience, if your child is absent from school, our preference is an email to **jamesbay@sd61.bc.ca**, however, the attendance line - **250-383-7152** is still in operation for you to leave a message. In either case, please state your

child's name, division number/teacher, the date and the reason for the absence before 9am on the day of the absence.

If leaving a telephone message, please speak slowly and clearly.

Important Dates and INFORMATION

December 2nd – Fun Lunch for divisions 3, 4, 5 & 6

December 6th – Naden Band Concert – whole school. See above for more information!

December 13th to 15th – Book Fair (More info to come!)

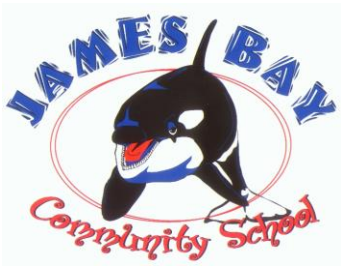
December 15th – Winter Concert 1:00 pm & 6:00 pm (More info above!)

December 16th – Last day before Winter Break. Red and Green day

December 17th to January 2nd – Winter Break!

January 3rd – First Day Back!!

January 27th – Pro D Day (No School)



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BI-WEEKLY MEMO

BECOME A HOST FAMILY!



UPCOMING GROUP

Who: Short Term Middle School Group from Stance Dual School in Brazil

When: Jan. 3- Mar. 3

This fun group comes annually to attend middle schools around Victoria.

Enjoy an Unforgettable Cultural Exchange



Why Host?

- Connect your family to the world by hosting an International Student in middle or high school
- Both short term and long term hosting opportunities are available
- 24/7 assistance is available from the homestay office.
- \$1100/month provided for student support (pro-rated for short term groups)

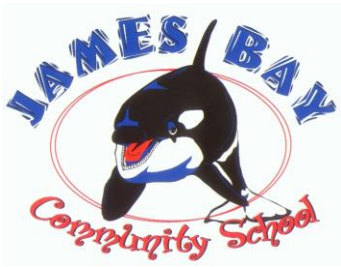


T: 250-592-6871

VICTORIA INTERNATIONAL EDUCATION

E: homestay@sd61.bc.ca

www.studyinvictoria.com



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BI-WEEKLY MEMO



VICTORIA
Literacy Connection

Opening the world of learning in our community.

Child & Youth
Programs



Free Programs



Intergenerational
PenPal Club
ages 10-17



ESL Support
Gr 3-12



School Support
1:1 Tutoring
Gr 3-12



eReading Club
Gr 2-6

Paid Programs



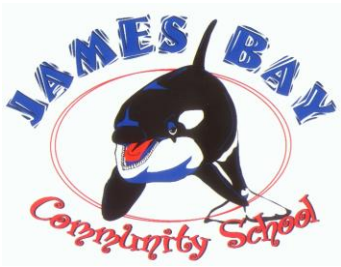
**Advantage
Tutoring**
Gr 1-10

For more information:

250 385-0014

admin@victorialiteracyconnection.ca





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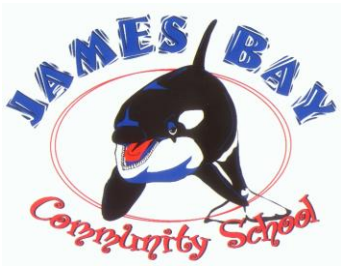
BI-WEEKLY MEMO



2022/23 PAC Meeting Schedule:

- All meetings will take place in the School Library and Child Minding will be available (Children must be of school age)
 - Thursday December 8th – 6:30pm
 - Thursday January 12th – 6:30pm
 - Thursday February 9th – 6:30pm
 - Thursday March 9th – 6:30pm
 - Thursday April 13th – 6:30pm
 - Thursday May 11th – 6:30pm
 - Thursday June 8th – 6:30pm

If you have any questions, please reach out to your PAC Secretary, Kayleigh Martin at kay@kayrae.ca



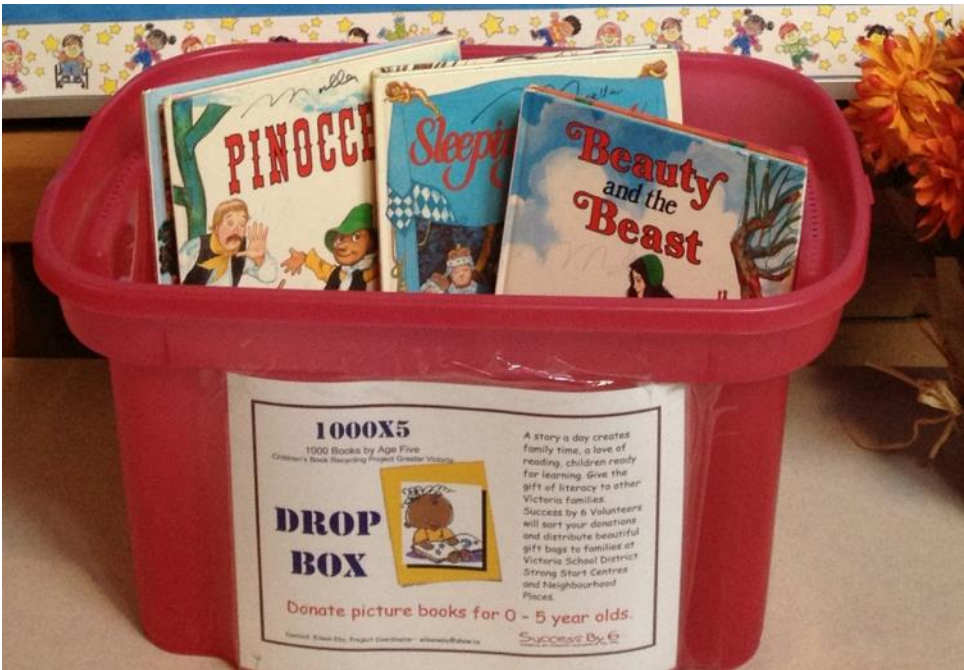
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3 Books = 1 Gift
6th year of challenge



This year, many families appreciate a bit of help with gifts for the upcoming holiday season. Every month 1000X5 pops 3000 books in 1000 gift bags: three books for each receiving child. A big shoutout also to Harbourside Rotary whose donation has helped us purchase more books for babies – always in short supply.

Drop books for babies and preschoolers off in the pink bin by the Strong Start Room!

SNAPSHOTS – *Supporting our students by supporting those who care for them*

Snapshots provide a wide range of mental health and wellness information and resources to support students and families as they navigate through the K-12 years. The information in the Snapshots offers the opportunity for parents and caregivers to initiate conversations with their child(ren) that will assist them in making positive decisions about their mental and physical well-being.

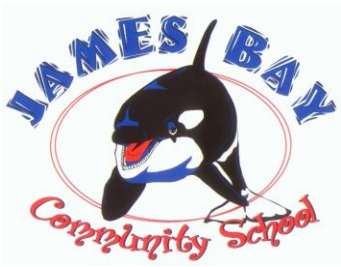
November's Snapshots focus on the importance of getting proper rest. Getting a good night's sleep may be one of the first things to fall off your radar, given the competing demands of a busy family life. But getting adequate sleep can be a game changer for children and youth. It supports their mental and physical health and allows young minds and bodies to develop and function properly.

November Snapshots – Healthy Sleep:

Early Learning and Elementary – [The Power of Sleep](#)

Middle – [The Power of Sleep](#)

Secondary – Is Your Teen Tired?



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WINTER 2023 ASSAI

Mondays (Grades 1-2)
ASSAI Art with Sandi
Date: January 16 – March 13
Time: 2:38–4:00pm

*No class on February 20 Pro-D Day

Tuesdays (Grades 3-5)
ASSAI Music with Nick
Date: January 17 – March 7
Time: 2:38–4:00pm

Wednesdays (Grades 3-5)
ASSAI Yoga with Natalie
Date: January 18 – March 8
Time: 2:38–4:00pm

Thursdays (Grades 1-2)
ASSAI Music with Nick
Date: January 19 – March 9
Time: 2:38–4:00pm

*Note that those who are in After School Care
are not eligible for this program*

Registration is now open at www.jamesbaycentre.ca
Scroll down & click on 'WINTER ASSAI Registration'

Registration Closes on Friday DEC 16





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Community *Winter* Celebration

Wednesday, December 7th
5:30-7:30pm \$8 per family

Come join us for a family-friendly community event with kid friendly crafts, hot cocoa & cookies, live music, and door prizes!

Tickets on sale Monday, Nov 21st.
Tickets only available at
the Centre desk.



