



James Bay Community School

140 Oswego Street
Victoria, BC
V8V 2B1

Tel. 250.384.7184
Fax 250.383.7152
www.jamesbayschool.ca

WEEKLY MEMO

Date: October 16, 2017

From the Principal:

Grade 4's have begun the annual Foundation Skills Assessment. For more information check out: [Ministry of Education information for Parents](#).

Parent Teacher Interviews will be this **Wednesday** and **Thursday**. Please remember, both days will be early dismissal (11:50) and there will be no lunch program provided on these days.

Friday is a Provincial Professional Development Day **so school will NOT be in session**. Teachers will be attending conferences and workshops.

From the Vice Principal:

Cross Country Finals are coming up on October 23rd for all students on the Cross Country team. We will be leaving the school around 12:00 and walking to Beacon Hill Park. Cross Country students on the meal program will be given a bag lunch. We encourage parents to come and cheer on our runners! Also, if you are interested in helping out at the meet, please let Mrs. Swan know.

Attendance:



Please use our **Attendance Line: 250-383-7152**,

when you are notifying the school of your child's absence or you will be running late. When calling in, please remember to speak clearly, slowly and include your child's division in your message before 9am. If a message is left after 9 am please note you will receive a call as the attendance report has already been entered into the system.

Thank you for your cooperation☺



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Looking Ahead

Monday, October 16

- X-Country #4 at Braefoot/Doncaster
- Society Board Meeting 6:00 pm
- ASSAI Art Gr. 3-5 2:38-4:15pm in the Café

Tuesday, October 17

- Lockdown Drill 1:30pm 
- ASSAI (1-2) 2:38-4:00pm
- Seniors Dinner 5pm

Wednesday, October 18

- Early Dismissal 11:50am no lunches P/T Interviews 12:45 - 5:30
- ASSAI (3-5) 2:38-4:30pm
- 6:30 PAC Meeting

Thursday, October 19

- Early Dismissal 11:50am no lunches P/T Interviews 12:45-4:00
- Seniors Dinner 5pm

Friday, October 20

- Pro-D-Day District Wide No school for students

Monday Morning Coffee Club

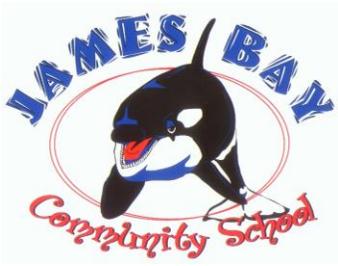
Back by Popular Demand! Monday Morning Coffee Club

Meet other parents and care givers and get connected to your community.

When: Monday from 8:30 to 9:15 am.

Where: by the office

Enjoy: Starbucks coffee and fresh home baking



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WEEKLY MEMO



HANDWASHING FOR HEALTH

Germs spread easily in a classroom. Handwashing is the most effective way to stop the spread of germs that cause colds, influenza, diarrhea and other illnesses. It is important children learn how and when to wash their hands to decrease their risk of getting sick.

How to Wash Hands:

- Wet hands under warm running water
- Scrub with plain soap for a count of 20, all over hands and between fingers
- Rinse under running water for a count of 10
- Dry hands with a clean paper towel
- Turn off taps with a paper towel

When to Wash Hands:

- Before and after eating or handling food
- After using the toilet, handling pets, coughing, sneezing, or wiping noses

How long is 20 seconds?

- Slowly singing "Happy Birthday" twice takes about 20 seconds

For more information contact:

- HealthLinkBC at 8-1-1 (a free call) or www.healthlinkbc.ca
- www.dobugsneeddrugs.org

Health Units:

Esquimalt	250-519-5311	Salt Spring Island	250-538-4880
Outer Gulf Islands	250-539-3099	Sooke	250-642-5464
Peninsula	250-544-2400	Victoria	250-388-2200
Saanich	250-519-5100	West Shore	250-519-3490



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WEEKLY MEMO

James Bay Dental Days



Professional Dental Hygiene Treatment Provided at School Exam, Polish, Fluoride

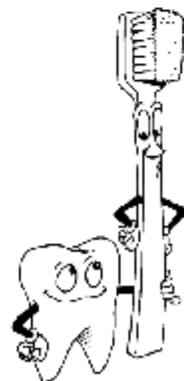
- Report emailed to guardian
- Referral to Dentist
- Confidential
- Two visits per year
October and April

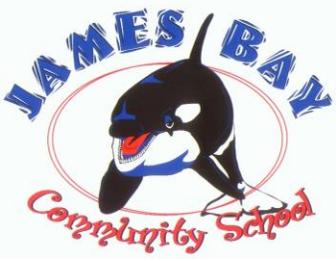
Cost for Bi-Annual Dental Days is covered by The BC Gov't Healthy Kids Program. For those not covered by this program the cost is \$66.84 for both visits. If cost is a barrier please speak with Miranda Mundel.

Nov. 1st and 2nd, 2017

For more information and to register contact:

Miranda Mundel
mmundel@sd61.bc.ca
Youth and Family Counsellor





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WEEKLY MEMO



Vancouver Island Model Engineers

7321 Lochside Drive
Saanichton, BC
V8M 1W4
(250)-652-7919
www.vime.ca



HALLOWEEN PUMPKIN EXPRESS

AT THE

THE HISTORICAL ARTIFACTS SOCIETY

Presenting...



A Halloween Family Event...
"The Halloween Pumpkin
Express!"

FAMILY EVENT! Welcome to the Halloween Pumpkin Express! Board the train as you take a journey through the Haunted Tunnel and travel the rails through the Halloween Forest. Before or After the Train, participate in some Halloween Activities: Spooky Fun Games, Face Painting, Graveyard Scavenger Hunt, Pumpkin Carving, Halloween Craft, Halloween Fortune Teller and much More!

The Whistle Stop will be open to serve you Halloween Treats and Ghoulish Foods!

When: Friday, October 20,
Saturday, October 21,
Sunday, October 22

Time: 4:30 p.m. to 8:30 p.m. daily

Cost: Donation of \$10 per car load

Open rain or shine (last train leaves at 8:15pm)



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 October 2017 James Bay Community School						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
22 Café: 1,2,3,4,6	23 X-Country Finals Beacon Hill @ 1:00pm ASSAI Art Gr. 3-5 2:38-4:15pm in the Café	24 ASSAI (1-2) Sports 2:38-4pm Seniors Dinner	25 ASSAI (3-5) Drop in Sports 2:38-4:30pm	26 Seniors Dinner	27	28



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WEEKLY MEMO

APPLY NOW for a [Resilient Streets Micro-grant](#)

Deadline October 31, 2017

Did you recently attend the James Bay Resilient Streets Kick-off workshop? Interested in building more connections with your neighbours on your street or in your apartment/condominium building? Got some ideas on how to build community & resilience with your neighbours that you want to make happen?

1) A \$50 Neighbour “Pre-Planning” Gathering (think “Party with a Purpose!”)

WANT TO BUILD CONNECTIONS AND RESILIENCE WITH YOUR NEIGHBOURS, BUT NOT SURE WHAT TO DO? The Resilient Streets “Pre-planning” Neighbour Gathering micro-grant is specifically to support people in bringing neighbours together to build relationships and identify what type of projects neighbours are interested in undertaking together. Some examples of how people have previously used these grants include living room conversations, pancake breakfasts, street/building BBQ, block parties, and potlucks to name a few. At several of these gatherings neighbours identified other projects they wanted to do together and then later applied for a Resilient Streets project micro-grant to make it happen!

2) Up to \$200 for a Resilient Streets Project micro-grant

ALREADY CONNECTED WITH YOUR NEIGHBOURS AND WANT TO DO A PROJECT TOGETHER? The Resilient Streets Project micro-grant provides support for neighbours to work together on a small project in their building or on their street that enhances connections and resilience. Some examples of how people have previously used these grants include building little free libraries, street murals, benches to facilitate socializing between neighbours, materials for skills sharing between neighbours, and hosting a “party with a purpose” where immediate neighbours learn together about topics such as emergency preparedness or energy efficiency.

Want to build more community on your street or in your building?

RESILIENT STREETS MICRO-GRANTS

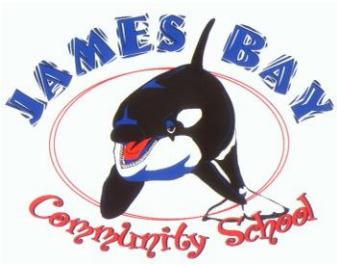
Contact us about getting **FREE MONEY** to have a party with your neighbours OR to develop connections and resilience through fun projects in your street, apartment, or condominium.

Deadline to Apply: **Oct 31, 2017**

MORE INFO AT:
www.resilientneighbourhoods.ca

Project partners: BC Healthy Communities, FIDELITY INVESTMENTS, VICTORIA

With the generous support of: VICTORIA



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WEEKLY MEMO



Family Dinner

This free program is for families with children aged 0-12.

Family Dinner is a place for families to network and support one another. We enjoy a healthy meal together.

Activities include crafts, games, and free play.

Tuesdays 4:00 – 6:00 pm

At James Bay Community Project

Please call ahead if you have food restrictions and we will do our best to accommodate:

Call Janessa 250-415-7721

“Building Healthy Community Together”

547 Michigan Street 250-388-7844 askus@jbcp.bc.ca www.jbcp.bc.ca