

James Bay Community School

140 Oswego Street
Victoria, BC
V8V 2B1

Tel. 250.384.7184
Fax 250.383.7152
www.jamesbayschool.ca

WEEKLY MEMO

Date: November 17, 2016

From the Principal:

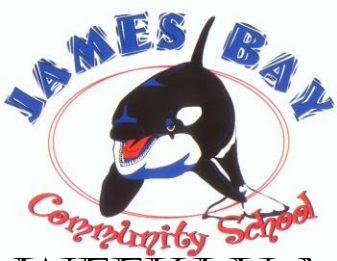
This month we have noticed an increase in cases of **Head Lice**. We have heard from the Health Unit that head lice are becoming more and more resistant to chemical treatments and they recommend the **wet combing method** of treating for head lice. Head to head contact is the primary way that head lice are spread. Please remind your child not to share hats or brushes as these are common ways for head lice to spread and please check your child's head on a regular basis. While we do lice checks at school, the dry method, which is all we can do at school, is not that accurate as lice can move quickly on a dry scalp.

Attached below is the "How to Get Rid of Head Lice-Wet Combing" information sheet that you may find helpful.

From the PAC:

A very heart and head felt thank you to the 7 stalwart souls who checked our students for Head Lice. These Leaders of the Lice are Rola, Faye, Andrea, Katherine, Yvonne, Corinne, and Laurel! Please everyone, check your kids heads on a regular basis! We don't want the lil 'bugs' getting a 'head ' of us.....groan...

Thank you everyone,
Carrie Peter
PAC Member at Large



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Looking ahead

Monday, November 21

- Go Girls 11:45am-1:15pm
- Arts Reach grades 4/5 2:45-4:15pm
- Society AG Meeting

Tuesday, November 22

- Assai grades:1-2 from 2:38 to 4pm
- Seniors Dinner at 5pm

Wednesday, November 23

- Assai grades:3-5 from 2:38 to 4:30pm

Thursday, November 24

- Assai Music grades:3-5 from 2:38 to 4:15pm
- Seniors Dinner at 5pm

Friday, November 25

- Happy Friday

Saturday, November 25


- Island Farms Santa Parade, November 26, 3:30 p.m. – 7:30 p.m.
- The parade will move down Government Street between Superior Street and Fisgard Street






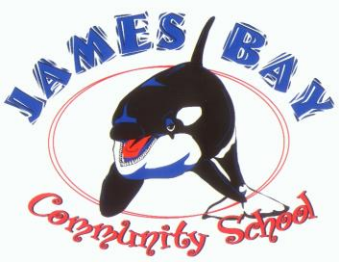
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 November 2016 James Bay Community School						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
27 Café: 1,2,4,6, 10	28 Arts Reach Grade 4/5 2:45 -4:15 1:00 Celebration of Learning Assembly	29 ASSAI (1-2) 2:38-4pm Seniors Dinner	30 2:30 SBT ASSAI (3-5) 2:38-4:30	1 ASSAI music (3-5) 2:38-4:15pm Seniors Dinner	2 Gym closed Friday pm for Dickens Fair	3 Dickens Fair 10 am - 5pm

 December 2016 James Bay Community School						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
4 Café:1,2,3,5,7	5 PJ Day  Story Theatre Company 9:00 am - Anansi's Gift of Stories - Tentative	6 ASSAI (1-2) 2:38-4pm (last class) Society Executive No Seniors Dinner	7 12:00 Staff Committee 1:30-2:15 Naden Band 2:30 SBT ASSAI (3-5) 2:38-4:30 (last class) Srs. Holiday Dinner	8 ASSAI Music grd 3-5 2:38-4:15pm (last class) No Seniors Dinner	9 First Report Card Go Home 	10



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WEEKLY MEMO

**The
DICKENS
FAIR**

Food*Crafts*Gifts
Locally Made

Saturday, December 3rd ★ 10^{am} to 5^{pm}
James Bay Community Center, 140 Oswego Street


Door prizes
Cafe & Children's Craft Area

Admission \$2
Children under 12 Free

 www.jamesbaymarket.com/dickens-fair  

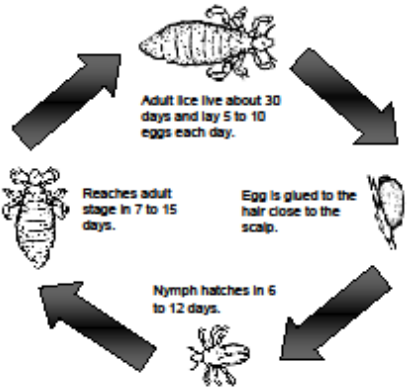


WEEKLY MEMO



HOW TO GET RID OF HEAD LICE WET COMBING

LIFECYCLE OF THE HEAD LOUSE



Adult lice live about 30 days and lay 5 to 10 eggs each day.

Egg is glued to the hair close to the scalp.

Nymph hatches in 6 to 12 days.

Reaches adult stage in 7 to 15 days.

HEAD LICE FACTS

- ◆ Lice are tiny insects about the size of a sesame seed.
- ◆ Anyone with hair can get head lice.
- ◆ Lice do not have wings and cannot fly or jump.
- ◆ Lice move quickly in dry hair and this makes them hard to see.
- ◆ Lice do not live long once they are off the head. They only lay eggs close to the scalp.
- ◆ Having head lice does not always make the scalp itchy.
- ◆ Lice commonly move to other heads when heads touch and rarely by sharing hairbrushes and combs.

- ◆ Lice are common where children play or work closely together.
- ◆ Once a lice egg has hatched, the empty eggshell stays stuck to the hair.
- ◆ If you find an eggshell more than half an inch away from the scalp, it is most likely empty.
- ◆ The eggshells are white and look like dandruff but cannot be brushed or blown away.

WHEN TO CHECK

- ◆ Regularly ONCE A WEEK after shampooing
- ◆ If your child's playmates have head lice
- ◆ When a family member has head lice
- ◆ When a person is scratching his or her head more than usual

WHAT YOU NEED

- ◆ Shampoo and white-coloured conditioner (low-priced is fine)
- ◆ Wide-tooth comb to untangle hair
- ◆ Towels and paper towels
- ◆ Lice comb - we recommend a narrow comb with fine teeth and slanted tips, such as a "Bug Busting" comb, that makes it easier to remove lice.
- ◆ Lice combs are available at many Public Health Units and pharmacies.